



# RETURNING TO TRAINING INFORMATION FOR PARENTS



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## SUPPORT THE CLUB

Support your Football Club by ensuring that you adhere to the Victorian Government Guidelines



## IF UNWELL STAY HOME

If you, or your child is sick or feeling unwell, please stay at home, and where appropriate contact your GPs



## PROMOTE SAFE HYGIENE

Remind your kids about safe hygiene practices at football including hand sanitiser or washing their hands regularly.



## COME DRESSED TO TRAIN

As there are no changeroom facilities available, ensure your child arrives dressed for training



## WATERBOTTLES

Ensure that your child brings their own water bottle, and remind them not to share water bottles with others



## WASH & DISINFECT

Clean, wash and disinfect all footy training gear after each training session, including footballs, training clothes and mouth guards.



## DROP KIDS OFF

Where possible, we encourage all parents to drop their kids off to training, and either remain in your car, or return at the end of training



## SPECTATORS ARE PART OF THE 10

If you do attend, and watch training on the oval you will be included as part of the maximum 10 participants allowed.



## MAINTAIN SOCIAL DISTANCING

Parents and Spectators are reminded to ensure that they maintain a social distance of 1.5m between them and others.