

- 1. NAB AFL Auskick Coordinators and identified COVID-19 Safety Officer/s have completed the <u>AFL COVID-19 Protocol Training</u> and <u>Federal Government Infection Control Training</u>. Please use "VIC TEST CLUB" as your Club Name if you are not connected to a Football Club
- 2. Centres strictly adhere to as per the current Victorian Government restrictions, and following the principle of 'Get in, Play, Get out'
- 3. All participants and parent helpers must sit/stand 1.5 metres apart and maintain 4 square metres per person outside of activities. Parent helpers must maintain this distancing during activities (with exception of their child or those from their household).
- 4. Only parents and adults necessary to support participation should attend NAB AFL Auskick sessions. Spectators that do attend sessions must abide by public gathering restrictions- spectators should be in groups of no more than 10 people in open, outdoor venues and spread out around the ground or venue. Spectators should remain outside of the oval/playing surface
- 5. All equipment will be thoroughly sanitised before and after sessions
- 6. NAB AFL Auskick activities should be exclusively used
- 7. A log, or register, of all participants in attendance at each session (including phone number, email, address and duration at activity) MUST be maintained and available upon request by either AFL Victoria, the AFL or Health Authorities. (templates found on the AFL Victoria resources page here)
- 8. Approval is obtained by Local Government (and affiliated club if applicable) for the safe return to sessions and use of facilities
- 9. The Return to NAB AFL Auskick hygiene practices outlined in this document are to be strictly adhered to
- 10. Sporting clubs that operate a restaurant, café or canteen within its facility were able to reopen with limited dine-in arrangements from June 1, provided the club strictly adhered to the restrictions on hospitality venues. Detailed guidelines of the requirements for cafes, restaurants and food and drink facilities to reopen are now available on the <u>Business Victoria website</u>.

\*Please note a rollback to tighter activity restrictions is a possible scenario. If this occurs, AFL Victoria will communicate any changes to NAB AFL Auskick Centres as soon as practicably possible through all AFL Victoria's channels.

## HYGIENE FACTORS FOR A RETURN TO NAB AFL AUSKICK

#### Hygiene Protocols for a Return to Session

- Alcohol-based hand sanitisers will be made available for shared use
- No high fives, handshakes, and limit other physical contact.
- Do not share drink bottles.
- NAB AFL Auskick Coordinators, if providing First Aid, must follow protocols as outlined in infection control training (i.e. disposal of gloves in between treatments, wearing of face masks)
- All participants and parent helpers must sit/stand 1.5 metres apart and maintain 4 square metres per person outside of activities. Parent helpers must maintain this distancing during activities (with exception of their child or those from their household).
- Minimise use of communal facilities (toilet or medical use only with strict social distancing).
- Club facilities should be avoided, however if they are provided the club is responsible for their adequate provision and cleanliness. If used no more than 20 people are allowed in an indoor space.
- Hygiene posters displayed

#### **General Hygiene Practices**

- Wash your hands often with soap and water for at least 20 seconds if soap and water are not available, use an alcohol-based hand sanitiser
- Wash or sanitise your hands before eating (all players and official should have personalised hand sanitiser).
- Any player or official member that has underlying health conditions or is considered a vulnerable person should consult with a healthcare professional prior to returning to the NAB AFL Auskick environment.
- Stay home and seek medical treatment when you are sick
- Avoid touching your eyes, nose and mouth
- Avoid close contact with people who are sick
- Cover your mouth to cough or sneeze with elbow.









### **OVERARCHING PRINCIPLES**

- 1. AFL Victoria and NAB AFL Auskick Centres will follow any direction from the Victorian Government, specifically the <u>Department of Health and Human Services (DHHS)</u>, <u>Sport and Recreation Victoria</u> and will align <u>Federal Guidelines for the Resumption of Sport and Recreation Activities</u> and the AIS Framework for Rebooting Sport in a Post COVID-19 Environment.
- 2. AFL Victoria will review all activities as directed by the Victorian Government if there is an increase in cases.
- 3. Any COVID-19 confirmed cases in the player and official cohort will result in immediate review of NAB AFL Auskick in Victoria
- 4. Resumption of NAB AFL Auskick activities should not compromise the health of individuals or the community, any non-compliance by anyone at a NAB AFL Auskick session risks the permanent closure of that Centre for 2020
- 5. The resumption of NAB AFL Auskick will contribute to the health, economic, social and cultural benefits of Australian participants and wider community.

# RETURN TO NAB AFL AUSKICK PRINCIPLES → "GET IN, PLAY AND GET OUT"

- All participants and parent helpers must sit/stand 1.5 metres apart and maintain 4 square metres per person outside of activities. Parent helpers must maintain this distancing during activities (with exception of their child or those from their household).
- All equipment will be thoroughly sanitised before and after sessions
- Strictly no sharing of personal equipment including drink bottles, food or towels
- For larger Centre's where group spacing (as outlined above) will create communication/explanation difficulties for the different
  activities, parent helpers should be utilised to deliver instructions to smaller groups, either by sending them information prior to
  the session, or as part of the briefing
- A log, or register, of all participants in attendance at each session (including phone number, email, address and duration at activity)
   MUST be maintained and available upon request by either AFL Victoria, the AFL or Health Authorities. (templates found on the AFL Victoria resources page here)
- NAB AFL Auskick activities should be exclusively used
- It is highly recommended that there are different entry and exit points where possible
- Anyone presenting with symptoms consistent with COVID-19 should be refused the ability to participate and there details should be sent to AFL Victoria so a review can be conducted

### **EDUCATION PROTOCOLS**

It is important that any information with respect to COVID-19 or any other infectious illness comes from a reputable source. The AFL and AFL Victoria will continue to regularly consult with the Victorian Government and medical experts.

NAB AFL Auskick is governed by the Australian Football League, but is managed and led by volunteers (in general) acting in an official capacity, either attached to a Community Football Club, or as a standalone NAB AFL Auskick Centre.

- Requirement 

  Any official responsible for the conduct of a NAB AFL Auskick session will be required to have completed the 

  AFL COVID
  19 Protocol Training and Federal Government Infection Control Training. Please use "VIC TEST CLUB" as your Club Name if you are not connected to a Football Club. A register of trained community club officials will be managed by AFL Victoria.
- Requirement  $\rightarrow$  Australian Government and WHO resources will be prominently displayed in facilities and at entry points, including handwashing and cough advice, or appropriate efforts to educate parents via digital means (email and social media) will be enacted.
- Requirement → All parents/quardians and officials are encouraged to download and utilise the Government's COVID-19 tracing app.
- Requirement → Briefings in advance of return play to be held to outline protocols for Auskick Coordinators.
- Requirement → Auskick Coordinators to lead a strong culture of COVID-19 safety for the health and wellbeing of Club members and the broader community









This guide has been established to support Centres Returning to Play under the current State Government COVID-19 restrictions. The NAB AFL Auskick Centres have an obligation to strictly adhere to these protocols at every session. The key principle for training must be 'Get in, Play, Get out'.

CENTRE SIZE AND TRAINING GROUPS  The Australian Institute Of Sport (AIS) Framework For Rebooting Sport In A Covid-19 Environment states there is no limit on number of participants, and as at this time (22 June 2020) the Victorian Government also has no limit on Sporting Competitions where participants are under the age of 18 (NAB AFL Auskick falling in to this category)
1.5M + 1 PER 4 SQM  All participants and parent helpers must sit/stand 1.5 metres apart and maintain 4 square metres per person outside of activities. Parent helpers must maintain this distancing during activities (with exception of their child or those from their household).
NAB AFL AUSKICK BRIEFINGS/WELCOME Coordinators must reiterate critical points to all NAB AFL Auskickers and Parent Helpers (noting base density requirements during briefing).
<b>EQUIPMENT</b> Footballs and all other equipment can be used for NAB AFL Auskick Sessions. Please make sure that equipment is cleaned appropriately after each session.
HYGIENE PROTOCOLS ARE IN PLACE Centre Coordinators understand the requirement to explain hygiene protocols and ensure they are adhered to.
A REGISTER OF PARTICIPANTS  The club has implemented a log, or register, to keep a track of which participants (including phone number, email, address and duration at activity) that are in attendance at all training sessions, and this is available upon request by AFL Victoria or health authorities.
COVIDSafe APP The club has encouraged all players, volunteers and families to download the COVIDSafe app to help in tracing the spread of COVID-19.
APPROVAL The Centre has obtained the relevant approvals from Local Government and any other relevant authorities
FOLLOW DIRECTIONS  The club and training groups understand that they must follow the direction and advice of Police, Local Government, AFL Victoria and the AFL at all times





